



# WELCOME TO COLLEGIANS' HARRIERS

## 2025

### 1) INTRODUCTION

With roots dating back to 1933, Collegians' Harriers is Pietermaritzburg's oldest running club and among the most long-standing athletics clubs in South Africa. Originally founded as Maritzburg Harriers Athletic Club on January 24th, 1933, it later merged with Collegians' Club on January 24th, 1950.

Today Collegians' Club has many sub-sections which includes running, cricket, bowls, squash, football, touch-rugby, and darts.

Please note that while participating in other club sports (disciplines) requires joining those specific subsections separately, your membership grants you full access to the facilities and the vibrant social atmosphere at the Collegians' Club. We look forward to welcoming you as part of this storied athletic community!

### 2) MEMBERSHIP PROCESS

To become a member, please complete the online Collegians' Harriers membership application available at:

<https://forms.office.com/r/iGQhY2vF6p> (New Members)

<https://forms.office.com/r/TxzMGkP2nu> (Existing Members)

Please complete the below Collegians' Club membership form(s) and return to ([licencing@collegiansharriers.co.za](mailto:licencing@collegiansharriers.co.za)):

**Junior Member:** [Collegians Club Membership 2025 Junior.pdf](#)

**Senior Member:** [Collegians Club Membership 2025 Senior.pdf](#)

By submitting both the Harriers' subsection online application and the main Club registration forms, you will finalize your membership application and gain access to all Collegians' Club facilities and activities. This is subject to the Collegians' Club's approval of your membership.

If you need any assistance with the online or downloaded forms, please don't hesitate to reach out. We look forward to welcoming you to the Collegians' community!

### 3) COLLEGIANS' HARRIERS FEES 2025

Please see the current fee structure for 2025:

	Seniors 70+	Seniors	Students	Juniors (12-19)	Juniors (under 12)
1. Collegians' Harriers :	R0.00	R190.00	R60.00	R0.00	R0.00
2. Collegians' Club:	R360.00	R400.00	R180.00	R110.00	R60.00
<b>Collegians' Subs</b>	<b>R360.00</b>	<b>R530.00</b>	<b>R240.00</b>	<b>R110.00</b>	<b>R60.00</b>
3. Collegians' Club membership card (Once-off, per member, <b>ex Juniors</b> )	R55.00	R55.00	R55.00	N/A	-N/A
4. <b>Family Discount</b> (Per Senior Member up to Max 2)	R0.00	-R25.00	R0.00	R0.00	R0.00
5. KZN Athletics (ASA):	R190.00	R190.00	R190.00	R120.00	R120.00
<b>Total Subs 2025</b>	<b>R550.00</b>	<b>R720.00</b>	<b>R430.00</b>	<b>R230.00</b>	<b>R275.00</b>

- a) First time members are required to purchase a Collegians' Club access card.
- b) Juniors and 70+ members receive a reduced rate for both Collegians' Harriers and Collegians' Club.
- c) Senior members joining as a family will receive a R25 discount per Senior with a maximum of 2 Senior family members.

### 4) COLLEGIANS' HARRIERS CLUB COLOURS AND MERCHANDISE

All new members receive a complimentary Collegians' Harriers club vest or T-shirt! Be sure to claim yours and wear it proudly. The official club colours for Collegians' Harriers include the club vest or T-shirt paired with black pants, Funky Pants, or tights.

Additional club merchandise such as caps, socks, and other apparel can be purchased at the Herman's Haunt clubhouse for those wishing to further outfit themselves. We'll ensure you have the gear to display your Collegians' colours during races, training, or around town.

We encourage all members to sport these colours as a sign of unity and pride in the club. Please reach out if you need any guidance on where to obtain the club top and recommended black bottom wear. We're excited to see you outfitted in our signature Collegians' style!

**Please note: Collegians' Harriers club kit is compulsory for all KZNA and ASA Road, Track and Field and Cross-Country League sanctioned events. It is strongly encouraged to wear club kit for trail events.**

## 5) HISTORY - COLLEGIANS' HARRIERS: A LEGACY OF EXCELLENCE IN SOUTH AFRICAN ATHLETICS (CREDIT TO MR MIKE BATH)

With roots tracing back 70 years, Collegians' Harriers has made a profound impact on South African athletics. Many running stars have proudly represented the club, including record-holders like Bert Bendzulla, Skonk Nicholson, and others who brought honour to the club in earlier eras.

Later greats such as **Piet van der Leeuw, Dave Piper, and Gordon Baker** excelled from middle distances to marathons, including the prestigious Comrades Marathon. As co-organizers of the iconic Comrades Marathon, Collegians' achieved one of its greatest triumphs when member **Piet Vorster** won the 1979 uphill race in a record time of 5:45:02.

This rich history underscores Collegians' enduring athletic excellence, drawing elite performers and the masses together through a shared passion. Full details are captured in the club's Comrades Marathon history book, which is available on our website: Collegians' Harriers Comrades Marathon History Book.

We welcome you to learn more about Collegians' heritage and become part of the next chapter in this storied running community.

## 6) WEEKLY EVENTS AT COLLEGIANS' HARRIERS

### HERMAN'S DELIGHT TIME TRIAL (TUESDAYS 17H30) A LEGACY OF SPEED AND ENDURANCE

Herman's Delight is South Africa's longest continuously held weekly time trial, established in July 1960 by Collegians' stalwart Herman Delvin. After a tragic accident ended Herman's running career in 1958, he channelled his passion into creating this weekly 4-mile race, providing members with a challenging speed session. Additionally, Herman served as the Comrades Marathon committee secretary for several years.

In honour of his legacy, the renamed **Herman's Delight** continues every Tuesday at 5:30 PM from our Herman's Haunt clubhouse. Participants can choose between the 7.3 km, 4.4 km, 2.8 km, or the 1-Mile Dash, with results being published.

Open to all runners and walkers, it's a fantastic opportunity to meet fellow members and enjoy the club's social atmosphere post-race. Herman made significant contributions to Collegians' and South African athletics before passing away in 1996 at the age of 84. Join us on Tuesdays and help keep his spirit alive!

### THURSDAY SPEED TRAINING WITH MANDLA

**Time:** Every Thursday at 17:00 (weather permitting)

**Location:** In front of Herman's Haunt

**Details:** Mandla will be guiding Collegians' Harriers members through speed and endurance training. This session is open to all ages and abilities. It's a great opportunity to challenge yourself and improve your running skills.

**Join us and push your limits! 🌟**

## TRACK TRAINING WITH MARITZA

**Time:** Wednesdays and Thursdays – To be Confirmed

**Location:** PMB Athletics Stadium

**Details:** Join us for our exciting new track training sessions with Maritza. These sessions are designed to improve your track running skills and encourage junior participation in track running and overall fitness. Whether you're a beginner or an experienced runner, these training sessions will help you reach your fitness goals.

**Come and train with us to boost your performance and enjoy the benefits of a healthier lifestyle! ☀️**

## 7) COLLEGIANS' HARRIERS RACES AND EVENTS

Collegians' Harriers hosts various sanctioned races annually, including fun events, which play a significant role in supporting the club's financial health, thanks to our generous sponsors. Member participation in organizing these events is crucial, as it helps keep individual subscriptions affordable.

We encourage each member to volunteer for at least one race/event and assist on the race committee, which plans and coordinates the events under the management committee's guidance.

Currently, Collegians' organizes the following events:

### UMNGENI-UTHUKHELA WATER MARATHON

- Jointly organized with Howick Athletics Club at Midmar Dam.
- Distances include:
  - 10km (reintroducing a Walkers category in 2024),
  - 21.1km,
  - 42.2km (official Comrades qualifying race) distances.
- Sponsored by uMngeni-uThukela Water.

### THE LONGEST DAY

- 12-hour track event at the Herman's Haunt clubhouse.
- Individuals or 3-person teams runners and walkers, compete to complete the most laps.
- Sponsored by PowaCorpCC and Braaiketts.

### CROSS COUNTRY

- Part of the KZNA Cross-Country League circuit,
- Held on our fields and along the Duzi River.

These flagship races drive membership, provide competitive opportunities, bring community together, and financially sustain the club through sponsorship.

If you are interested in volunteering, please contact any member of the Committee. We appreciate all who organize and participate to maintain Collegians' storied racing traditions. Please get involved!

## 8) CLUB CHAMPIONSHIP

Collegians' Harriers honours top performing club members through our annual Club Champions awards at the year-end prizegiving. Champions are determined by participation and consistency versus outright speed. (Although speed will factor in overall consistent participation 😊👉👈)

This year we are encouraging participation in the Championship log by introducing multiple disciplines, **Road, Trail and Cross-Country** events. To be eligible, members must complete a minimum of 5 events, with points earned based on finish times relative to the winner's time.

Leaders can follow their progress on WhatsApp, the Herman's Haunt noticeboard and requesting individual details from the management committee.

Full details are available on the below:

**Road Events and Rules:** [Club Champs 2025- ROAD.pdf](#)

**Trial Events and Rules:** TO FOLLOW

**Cross-Country Events and Rules:** TO FOLLOW

While ability helps, true champions emerge through motivation to compete in multiple events alongside fellow club members. We hope you'll pursue the club champion titles by joining races on the schedule and representing Collegians' all season long. Let us know if you need any clarification on championships qualification or rules.

## 9) SOCIAL EVENTS

### HERMAN'S DELIGHT TIME TRIAL - MONTHLY BRAAI-NITE

Held monthly on the 2<sup>nd</sup> Tuesday after time trial. Relaxed socializing for all members, families, and friends. Club provides fires, veggie bake, pap-and-sous. Just bring your own meat.

### COMRADES ACHES' AND PAINS' PARTY

Tuesday after Comrades Marathon. Celebrates members achievements' and provides awards for accomplishments, major and humorous. **Supper included.**

### ANNUAL AGM AND PRIZE-GIVING EVENING

End of year event at Herman's Haunt clubhouse or Collegians' Club Hall. Prize giving recognizes Club Champions and top performers across various categories and distances. Member names are engraved on trophies and honours boards.

These regular events provide inclusive opportunities to come together, recognize achievements, and bond over shared athletic passions. The social heart of Collegians' drives lasting camaraderie and a vibrant club community.

### BILL BUTLER MEMORIAL CHALLENGE

10km out-and-back from the club. Participants self-time and aim to finish closest to a mystery target time for a trophy. No entry fee or formal sanctioning. Just fun competition and braai socializing after.

## HOGSBACK (BOXING DAY) RUN

Held Boxing Day morning (weather permitting), arranged by Collegians' members for decades. Approximately 10km (or more) routes plotted through the Cascades Forest area. No entry fee or prizes - just a chance to bolster New Year's fitness among the Christmas indulgence!

While not official races, these informal events cultivate camaraderie and friendly competition open to all. The spirit of enjoyment and inclusion makes these staples on the yearly Collegians' calendar. No pressure, no cost, just an opportunity to challenge yourself while forging connections.

## 10) COLLEGIANS' HARRIERS TRAINING RUNS

In addition to organized races, Collegians' members coordinate various informal group training runs throughout the year. These offer a social, supportive setting to get kilometres in.

Numerous neighbourhood groups use WhatsApp to organize regular local runs too. As a new member, we're happy to connect you with a group in your vicinity for safety and camaraderie.

With risks of solo running, having a group to join makes training more secure and enjoyable. Please reach out so we can help you find the right crew to match your location, schedule, and pace - having partners to train with makes all the difference!

## 11) CROSS TRAINING

While Collegians' Harriers canters mainly on road running, we are broadening our member activities in other areas of running beyond just pounding the pavement. You'll find among us trail runners, cross country runners, walkers, paddlers, cyclists, triathletes and more.

Though not formally representing the club in those disciplines, connecting with fellow members is a great way to uncover training partners for activities beyond road races. Our veteran members can provide introductions to groups pursuing everything from trail ultras to open water swims.

The spirit of athleticism and camaraderie at Collegians' extends well beyond just roads. Let us help expand your horizons by linking you with members sharing other passions - the benefits and enjoyment of having companions for varied training and events can't be overstated!

## 12) MANAGEMENT COMMITTEE

Collegians' Harriers governance follows our club constitution, with oversight by a Management Committee elected annually.

All members can vote at the November/December Annual General Meeting to elect the upcoming year's Committee. Any member can be nominated for a position.

The Management Committee includes core President, Vice President, Treasurer, Secretary, Race Organiser and Club Captain roles along with members facilitating various club functions.

This open nomination and voting process empowers members to shape Harriers leadership. We encourage qualified, committed members to seek Committee roles overseeing areas they are passionate about. Contact us if you would like to get more involved in governance and upholding the club constitution.



## **COLLEGIANS' HARRIERS**

### **Office Bearers 2025**



**PRESIDENT:**

**Werner Jonas**

[president@collegiansharriers.co.za](mailto:president@collegiansharriers.co.za)

**VICE PRESIDENT:**  
**(SHARED)**

**Kevin Cameron**

**Chris du Plessis**

[vicepres@collegiansharriers.co.za](mailto:vicepres@collegiansharriers.co.za)

**SECRETARY:**

**Nikki Jonas**

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**TREASURER:**

**Les Burnard**

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**CLUB CAPTAIN:**

**Mandla Madondo**

[captain@collegiansharriers.co.za](mailto:captain@collegiansharriers.co.za)

**RACE ORGANIZER:**

**Chantall van der Merwe**

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**COACHING AND  
DEVELOPMENT:**

**Mandla Madondo**

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**LICENCE AND  
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**Kevin Cameron**

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**SOCIAL MEDIA:**

**Nikki Jonas**

[socialmedia@collegiansharriers.co.za](mailto:socialmedia@collegiansharriers.co.za)

**SOCIAL EVENTS:**

**Chris du Plessis**

**(SHARED)**

**Pamela Roestof**

[functions@collegiansharriers.co.za](mailto:functions@collegiansharriers.co.za)

**HERMAN'S DELIGHT:**

**Bev Douglas**

[hermans@collegiansharriers.co.za](mailto:hermans@collegiansharriers.co.za)

**DESIGNATED**

**Clive and Jill Willows**

**SAFEGUARDING OFFICERS:**

[DSO1@collegiansharriers.co.za](mailto:DSO1@collegiansharriers.co.za)

[DSO2@collegiansharriers.co.za](mailto:DSO2@collegiansharriers.co.za)

**CHAMPIONSHIP LOG:**

**Alain Marechal**

[championship@collegiansharriers.co.za](mailto:championship@collegiansharriers.co.za)

## MANAGEMENT COMMITTEE: EMAIL LINKS

- **President:** Werner Jonas
  - [president@collegiansharriers.co.za](mailto:president@collegiansharriers.co.za)
- **Vice President (shared):** Kevin Cameron/Chris du Plessis
  - [vicepres@collegiansharriers.co.za](mailto:vicepres@collegiansharriers.co.za)
- **Treasurer:** Les Burnard/Melissa du Plessis (assisting)
  - [accounts@collegiansharriers.co.za](mailto:accounts@collegiansharriers.co.za)
- **Secretary:** Nikki Jonas
  - [secretary@collegiansharriers.co.za](mailto:secretary@collegiansharriers.co.za)
- **Race Organiser (Road sub-committee):** Chantall van der Merwe
  - [races@collegiansharriers.co.za](mailto:races@collegiansharriers.co.za)
- **Club Captain:** Mandla Madondo
  - [captain@collegiansharriers.co.za](mailto:captain@collegiansharriers.co.za)
- **Office Bearers**
  - **Social Media Administrator:** Nikki Jonas
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  - **License and Membership Administrator:** Kevin Cameron
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  - **Social Functions Administrator(shared):** Pamela Roestof/Chris du Plessis
    - [functions@collegiansharriers.co.za](mailto:functions@collegiansharriers.co.za)
  - **Herman's Delight Administrator:** Bev Douglas
    - [hermans@collegiansharriers.co.za](mailto:hermans@collegiansharriers.co.za)
  - **Coaching and Development Administrator:** Mandla Madondo
    - [coaching@collegiansharriers.co.za](mailto:coaching@collegiansharriers.co.za)
  - **Representative to Collegians' Club:** Les Burnard
  - **Designated Safety Officers:** Clive and Jill Willows
    - [DSO1@collegiansharriers.co.za](mailto:DSO1@collegiansharriers.co.za)
    - [DSO2@collegiansharriers.co.za](mailto:DSO2@collegiansharriers.co.za)
  - **Championship Log Administrator:** Alain Marechal
    - [championship@collegiansharriers.co.za](mailto:championship@collegiansharriers.co.za)

## 13) COLLEGIANS' HARRIERS AMBASSADORS AND MEMBERS' RESPONSIBILITY

We hope this overview clearly conveys the spirit and values of Collegians' Harriers . As a member, you become an ambassador upholding our ethos. Wearing our colours makes you a representative of the club and wider athletics community.

We welcome new members aligned to our mission who will contribute positively. While membership comes with responsibility, the benefits of belonging to this storied, inclusive club are immense. We're excited for you to join us!

Please reach out with any other questions as you kick off your Collegians' Harriers membership. We look forward to you proudly sporting our **black, red, and white** while being an ambassador and making new friends and memories in the process!





# Collegians' Harriers

## ROAD -Championship Qualifying Events 2025

LEGEND W= WALKING

Number	Race	Race Date	Location	DISTANCE			JUNIORS ONLY
1	Hilton Harriers Half Marathon	12-Jan	Hilton- Grace College		21	10	5
2	Kearsney Striders Half Marathon	19-Jan	Botha's Hill		21	10	
3	PDAC 25km	26-Jan	Waterfall		25		
4	Rolando Hillcrest Villagers Marathon	09-Feb	Hillcrest		42	21	
5	Capital City Marathon	23-Feb	PMB City Hall		42	21	10
6	Best of the Best Marathon	02-Mar	Durban Kings Park		42	21W	10W
7	Balwin Sport Dolphin Coast Marathon	16-Mar	Durban Amphitheatre		42	21	10
8	Durban City Marathon	30-Mar	Durban Kings Park		42	21	10W
9	Arthur Cresswell Ultra Marathon	05-Apr	Bergville / Ladysmith	52		21	10
10	Rising Sun Chatsworth Freedom Marathon	13-Apr	Chatsworth Stadium	52		25	10W
11	Durban International Marathon	04-May	Durban Prospecton		42		10
12	Checkstar Challenge in corporating the KZNA 21,1km Championship	11-May	Durban Kings Park			21	10
13	Stella Royal with Discovery Vitality	18-May	Durban Stella AC			25	10W
14	Peace in Africa with Discovery Vitality - incorporating the KZNA 10km Championships	25-May	Durban Kings Park			21	10W
15	KZN Youth Run -Junior Event Only	07-Jun	Durban Kings Park				10W
16	Comrades Marathon	08-Jun	Pietermaritzburg-Durban	90			
17	Howick 10km Race	06-Jul	Howick				10W
18	Absa Run Your City Durban 10km	13-Jul	Durban				10
19	Savages 21/10/5km Challenge	20-Jul	Durban			21	10
20	Forest 10km	27-Jul	Waterfall				10
21	Totalsports Women's Race -WOMEN ONLY	03-Aug	Suncoast Casino Durban				10W
22	Maritzburg Spar Women's Race -WOMEN ONLY	17-Aug	PMB Oval				10W
23	Capital Climb	24-Aug	PMB				15W
24	Hollywood Bets Durban 10km	31-Aug	Durban Kings Park				10
25	South Coast Marathon**	28-Sept	Margate		42	21W	10W
26	SAPS KZN Race	19-Oct	PMB				10W
27	Goss & Balfe SapphireCoast Marathon	26-Oct	Amanzimtoti		42	21	10W
28	SA Home Loans Oldies 10km	02-Nov	Durban				10W
29	Save Orion Race	09-Nov	PMB				21W

\*The Management Committee reserves the right to amend the Championship log events and rules at any point.



## COLLEGIANS' HARRIERS

### ROAD -Championship Qualifying Events 2025



#### Rules for 2025 - Road

- 1 The club champion will be the runner with the most points accumulated from 8 races and the Herman's Delight 7.4 km course.
- 1.1 Men and Women will compete in separate logs.
- 2 **Only Junior members will earn points for 5km events, with a maximum of 10 km for those under 12 years old and 21 km for those aged 12-19.**
- 2.1 **Senior members will earn points for qualifying races over 10kms only, 5Km events are excluded.**
- 3 Walkers will share one trophy if there are enough men and women participating.
- 3.1 **Only races marked with a 'W' will qualify for the Walkers category points.**
- 3.2 **Walkers must wear a "W" tag to qualify for points.**
- 4 Your points for each race is the overall winner's time (per Gender) divided by your time multiplied by 100.
- 4.1 e.g. Winner's time =1 hour, Your time= 2 hours = 50 Points earned.
- 5 Your 8 best times will be considered when calculating your total points for the year.
- 5.1 You must complete at least 5 races to qualify for a prize.
- 5.2 You will earn bonus points for your result in the Herman's Delight 7.4km Time Trial in either February or October, but this will not count towards your race attendance.
- 5.3 The best time from either of these two months will be used.
- 6 A runner's age category will be determined by their age as at 1 July (not applicable to Juniors).
- 7 A runner may only score in one event where a race covers multiple distances.
- 8 Members will be eligible to score points once their subs are paid for 2025.
- 8.1 Existing members have until 28 February to pay their club subscription.
- 9 **To earn points, all KZNA sanctioned runs must be completed in club colours.**
- 9.2 **Members are encouraged to wear club kit for trail events.**
- 10 The onus lies with each member to ensure that results are submitted timeously to the Championship Log co-ordinator.
- 11 **Categories:** Juniors, Open (<35 years), 35-39, 40-49, 50-59, 60+, Walkers.

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Distances	Count
5K	12
10K	25
Irregular <21	1
Half-Marathon	14
Irregular >21	3
Standard Marathon -42	8
Ultra >42	3
100 Miler	0
<b>Total</b>	<b>66</b>
<b>Multiples</b>	<b>-37</b>
<b>Total Race Opportunities</b>	<b>29</b>

